



Pre & Post Care | Q's & A's
5700 Enterprise Circle, #113
Amarillo, Texas 79106
(806) 367-3718 Call or Text

Laser Tattoo Removal Pre-Treatment Instructions

- Arrive to your appointment with clean skin: do not apply lotions or creams prior to your appointment the day of.
 - Avoid Aspirin or Aspirin containing Products 2 days prior to treatment
 - Do not Drink more than 1-2 alcoholic beverages 6 hours before your treatment.
- Avoid Retin-A, Retinols, Glycolic Acid, Salicylic Acid, on the treatment area itself 3 days prior to your appointment. If you are on Antibiotics of any kind (Z-Pack Included) or if you are using high powered photosensitive medications (St. John's Wort, Accutane, Etc...).
You must be off these drugs 10 days to 6 months before receiving laser treatments
- Use of tanning beds, self-tanning lotions, creams, and or direct sun exposure on the area unprotected for 30 minutes or more, must be avoided 2 weeks before treatments can continue. This is extremely important to avoid heightened risks of blistering and increasing your skins risk of scarring.

Laser Tattoo Removal Post-Treatment Instructions

- Wear a broad spectrum SPF 30+ or higher every day for the duration of your treatment process.
 - If needed, cold compresses/ice packs can be used on the treatment area for the first several hours after your treatment.
 - Use at least 2x daily a thin layer of Aquaphor/hydrocortisone cream one week following and 1x daily until all swelling, redness, blisters, and or peeling has ceased in the treatment area. We don't suggest Antibiotic creams for post care.
 - Avoid excessive Sweating, saunas, baths (Epsom Salts) swimming pools lakes or ocean water for at least 72 hours following your treatment.
 - Use mild warm water, gentle soap, and your palms to cleanse the area gently at least once daily for 3 days.
 - Avoid Retin-A, Retinols, Glycolic Acid, Salicylic Acid, on the treatment area itself 3 days after your appointment or until all swelling, redness, blisters, and or peeling has ceased in the treatment area.
 - If light water blisters, swelling, an antihistamine reaction or crusting appears, do not be alarmed. Continue to follow post care instructions, cleanse the area and let it air out. However: If anything seems abnormal, please contact us immediately!
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Tattoo Removal Q's and A's

Q – Does location matter?

A -Also tattoos on less fleshy areas like the back, upper chest, rib cages, wrists, ankles, feet, behind the ears, the back of neck and the web of the hand may take a few more sessions to complete and or require more time between appointments. Areas with great blood flow and more body tissue tend to dissipate the laser treated ink particles more quickly.

Q – Is it Painful?

A- There is pain involved with laser treatment. Some experience a feeling of hot bacon grease popping on the skin, or a rubber band snapping. Other say it feels just like getting a tattoo, but maybe a little more intense. Pain depends on the person, but most clients handle the pain very well. With our Zimmer 6 Cryo Cold Air Machine we can keep your skin chilled to -308C while we treat you.

Q – What other options do I have for removal?

A- Dermabrasion, Plastic Surgery, Bleaching Creams, Salabrasion, Excision, and Cryosurgery for pigmented tattoos – both black and colors. All of which have higher incidences of scarring and unwanted skin effects and or are less likely to have ink clearance. Q-Switch Lasers are the safest on the market and have a 2% or less chance of scarring and up to a 95% ability to clear unwanted tattoo pigments, across all skin types and ethnicities.

Q- What Risks are associated with Q-Switch laser tattoo removal?

A- Scarring can happen, the risk is extremely low for scar tissue to be a permanent skin issue post healing up from any session. However, even in the safest of settings and with the most care for somebody's skin type and tone – anything can happen. Hyper- or Hypo-pigmentation can also be a side effect of this process temporarily turning your skin topically lighter or darker, pigment often comes back, but it can be a permanent side effect as well often seen in patients 5% of the time with less having a permanent loss of pigment. For those with darker skin, we can always clean up this issue with skin lightening creams and serums or if pigment is lost permanently, a very skilled tattoo artist can match your skin pigment and cosmetically correct this issue.

If the area looks infected (honey colored crusting and oozing or spreading redness), if you experience an unusual discomfort or bleeding, if any other complications develop, or if you have any questions or concerns, contact us at (806) 367-3718 immediately. Of course, if you have any extreme reaction, seek immediate medical attention.

Contact us at (806) 367-3718 with any questions, comments photos, or concerns – One of our Laser Technicians has the clinic phone on him/her at all times for this very purpose!